

**Press Release**  
**International Fit Dance, Inc. Presents**



**“Gospel Dance at Its Best”**

Gospel Dance at Its Best is a soul stirring *red carpet dance* event that will showcase a fresh, new style of dance, choreography, and uplifting performances from the church to the mainstream stage. Dynamic dance teams will display inspirational dances such as praise dance, Hip-hop, step, mime, singing and much more. This year the Richmond Chinese Dancers will be featured as a special guest.

Cynthia Thomas-Rustin the visionary and host of Gospel Dance will be joined with high-energy dance teams and soloist. Cynthia is known for her outstanding performances on the Dr. Bobby Jones Int’l Artist Showcase on the Word Network and *Int’l Fit Dance w/Cynthia* seen on the UPN/CW Network. Cynthia is also a member of the Sacred Dance Guild.

<http://www.sacreddanceguild.org>

This night promises to be filled with passion, power, and excitement! Clear your schedule and come witness a spectacular night at the *Carpenter Theatre-Center Stage* on August 6, 2011 presented by International Fit Dance, Inc. and African American Repertory-Theatre.

**Event Location:**

**Carpenter Theatre-Center Stage**  
**600 E. Grace St. Richmond, Va. 23219**

[www.richmondcenterstage.com](http://www.richmondcenterstage.com)

**Date: August 6, 2011-Saturday**

**Time: 7pm (Doors open @ 6pm)**

**Tickets: \$22.50** <http://www.gospeldance.net>

**Tickets available online and at International Fit Dance)**

## Press Release-Carpenter Theatre-Center Stage Dance Event

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This online album has 3 photos and will be available on SkyDrive until 09/25/2011.

**Tickets on Sale Now!!! \$22.50**

**Call to purchase tickets**

**804-497-7417**